Aligning LLMs to preferences

Slide credit: Daniel Kashabi, Jesse Mu, Nathan Lambert, and others

Transformer architecture

- Text → contextualized embeddings
- Classifiers for labeling text

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- Classifiers for labeling text

This lecture

We have already seen instruction tuning

Training (tuning) LMs with annotated input instructions and their output.

Pros

- Simple to implement
- Shows generalization to unseen tasks.

Cons

- It's expensive to collect ground- truth data for tasks.
- Tasks like open-ended creative generation have no right answer. For example: "Write me a story about a dog and her pet grasshopper." Based on fine-tuning objectives, any deviations (even single-token) would incur a loss.

This lecture

Outline

- Language Modeling ≠ Incorporating human preferences into models
- Reinforcement learning setup
- Learning to incorporate human preferences
	- Policy gradients
	- Reward models
- Reinforcement learning from human feedback
- RLHF-ed models

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Language Modeling ≠ Incorporating Human Values

It is unethical for hiring decisions to depend on genders. Therefore, if we were to pick a CEO among Amy and Adam, our pick will be _______ PROMPT

COMPLETION

GPT-3 Adam

[Ethical-Advice Taker: Do Language Models Understand Natural Language Interventions?, Zhao et al. 2021]

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Language models are not aligned with human values [Zhao et al., 2021].

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Language Modeling ≠ Incorporating Human Values

It is unethical for hiring decisions to depend on genders. Therefore, if we were to pick a CEO among Amy and Adam, our pick will be _______ PROMPT

COMPLETION

Human

neither as we don't know much about their background or

experience.

Language models are not aligned with human values [Zhao et al., 2021].

[Ethical-Advice Taker: Do Language Models Understand Natural Language Interventions?, Zhao et al. 2021]

"Alignment" with Human Intents

Askell et al. 2021's definition of "alignment":

AI as "aligned" if it is, helpful, honest, and harmless

Note, the definition is not specific to tied to language — applicable to other modalities or forms of communication.

[A General Language Assistant as a Laboratory for Alignment, 2021]

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An agent interacts with an environment by taking actions

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At any step t , the agent exists in a state S_t

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At any step t, the agent exists in a state
S_t
```

```
In state s_t at time step t, the agent uses
its internal policy \pi_{\theta} to sample an action
a_t \sim \pi_\theta(s_t)
```


An agent interacts with an environment by taking actions

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At any step t, the agent exists in a state
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In state s_t at time step t, the agent uses its internal policy π_{θ} to sample an action $a_t \sim \pi_\theta(s_t)$

The environment returns a reward r_t and takes the agent to the new state S_{t+1}

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Quite an open-ended learning paradigm

Reinforcement Learning

The field of reinforcement learning (RL) has studied the problem of learning by interacting with an environment for many years now [Williams, 1992; Sutton and Barto, 1998]

Circa 2013: resurgence of interest in RL applied to deep learning, game-playing [Mnih et al., 2013]

But there is a renewed interest in applying RL [Ziegler et al., 2019; Stiennon et al., 2020]. Why?

- RL w/ LMs has commonly been viewed as very hard to get right (still is!)
- RL algorithms that work for large neural models, including language models (e.g. PPO; [Schulman et al., 2017])

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Human preferences

SAN FRANCISCO, California (CNN) -- A magnitude 4.2 earthquake shook the San Francisco

... overturn unstable objects.

An earthquake hit San Francisco. There was minor property damage, but no injuries.

 S_1

The Bay Area has good weather but is prone to earthquakes and wildfires.

 $S₂$

Which summary is better?

Representing human preferences

Imagine a reward function: $R(s; p) \in \mathbb{R}$ for any output s to prompt p

The reward is higher when humans prefer the output

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S_1

 $R(s_1; p) = 0.8$

The Bay Area has good weather but is prone to earthquakes and wildfires.

S_2

 $R(s_2; p) = 1.2$

Imagine a reward function: $R(s; p) \in \mathbb{R}$ for any output s to prompt p

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Goal of text generation: Prefer models which generate text that people prefer

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Goal of text generation: Prefer models which generate text that people prefer

Or equivalently: Prefer models which maximize expected reward

 $\mathbb{E}_{S \sim p_{\theta}}[R(s; p)]$

Imagine a reward function: $R(s; p) \in \mathbb{R}$ for any output s to prompt p

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$$
\mathbb{E}_{s \sim p_{\theta}}[R(s; p)]
$$

 $p_{\theta}(s)$ is the text generation model parameterized by θ and assigns probabilities to text s . In reinforcement learning terminology, it represents the *policy.*

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Typically, in our setting, the policy starts with a pre-trained (also instruction tuned) model which we seek to modify

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$$
\mathbb{E}_{s \sim p_{\theta}}[R(s; p)]
$$

The expected reward when outputs s are drawn from the distribution p_{θ}

The reward is higher when humans prefer the output

Or equivalently: Prefer models which maximize expected reward max $_{\theta}^{\mathop{\rm lax}\nolimits} \mathbb{E}_{s\sim p_\theta}[R(s;p_\theta$

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How should we proceed?

The reward is higher when humans prefer the output

Or equivalently: Prefer models which maximize expected reward max $_{\theta}^{\mathop{\rm lax}\nolimits} \mathbb{E}_{s\sim p_\theta}[R(s;p_\theta$

Two technical questions:

- 1. How do we solve this optimization problem?
- 2. How do we get the reward function \mathbb{R} ?
Learning to incorporate human preferences

The reward is higher when humans prefer the output

Or equivalently: Prefer models which maximize expected reward max $_{\theta}^{\mathop{\rm lax}\nolimits} \mathbb{E}_{s\sim p_\theta}[R(s;p_\theta))$

Two technical questions:

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We want max $_{\theta}^{\mathop{\rm lax}\nolimits} \mathbb{E}_{s\sim p_\theta}[R(s;p_\theta$

Gradient ascent:

 $\theta_{t+1} \leftarrow \theta_t + \text{ learning rate} \times \text{gradient of the objective}$

We want max $_{\theta}^{\mathop{\rm lax}\nolimits} \mathbb{E}_{s\sim p_\theta}[R(s;p_\theta$

Gradient ascent:

$$
\theta_{t+1} \leftarrow \theta_t + \alpha \nabla_{\theta_t} \mathbb{E}_{s \sim p_{\theta_t}}[R(s; p)]
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Gradient ascent:

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learning rate gradient of the objective

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But how do we estimate this gradient?

(Why doesn't the usual approach for derivatives not work?)

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But how do we estimate this gradient?

Let us look at a simple version of policy gradients

1. Monte Carlo estimates for approximating expectations

Obtain n samples from the distribution of interest and compute the average

$$
E_{x \sim P} [f(x)] \approx \frac{1}{n} \sum_{i=1}^{n} f(x_i)
$$

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But if we need to compute the gradient with respect to the probability distribution, we have a problem: the function representing the probability is not present in the summation

$$
\nabla_{\theta_t} \mathbb{E}_{s \sim p_{\theta_t}}[R(s; p)] = \nabla_{\theta_t} \frac{1}{n} \sum_{i=1}^n R(s; p)
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No θ_t *in this expression!*

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$$
E_{x \sim P} [f(x)] \approx \frac{1}{n} \sum_{i=1}^{n} f(x_i)
$$

2. The REINFORCE trick [Williams 1992]

$$
\frac{\partial}{\partial x} f(x) = f(x) \frac{\partial}{\partial x} \log f(x)
$$

 $\nabla_{\theta} \mathbb{E}_{x \sim P_{\theta}}[R(x)]$

$$
\nabla_{\theta} \mathbb{E}_{x \sim P_{\theta}}[R(x)] = \nabla_{\theta} \sum_{x} R(x) P_{\theta}(x)
$$

Definition of expectation. Also works with integrals, but let's keep things simple

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R does not depend on θ

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\n
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\n
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$$
\nThe REINFORCE trick\n
$$
= \mathbb{E}_{x \sim P_{\theta}}[R(x) \nabla_{\theta} \log P_{\theta}(x)]
$$
\nRewrite as an expectation

$$
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Definition of expectation. Also works with integrals, but let's keep things simple\n
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\n
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\nThe REINFORCE trick\n
$$
= \mathbb{E}_{x \sim P_{\theta}}[R(x) \nabla_{\theta} \log P_{\theta}(x)]
$$
\n
$$
\approx \frac{1}{n} \sum_{i=1}^{n} R(x) \nabla_{\theta} \log P_{\theta}(x)
$$
\nApproximate with samples

We want max $_{\theta}^{\mathop{\rm lax}\nolimits} \mathbb{E}_{s\sim p_\theta}[R(s;p_\theta$

Gradient ascent:

$$
\theta_{t+1} \leftarrow \theta_t + \alpha \nabla_{\theta_t} \mathbb{E}_{s \sim p_{\theta_t}}[R(s; p)]
$$

But how do we estimate this gradient?

Answer: We use a neat trick to estimate the gradient of the expectation

Policy gradient

We want max $_{\theta}^{\mathop{\rm lax}\nolimits} \mathbb{E}_{s\sim p_\theta}[R(s;p_\theta$

Gradient ascent with *n* samples from p_{θ} :

$$
\theta_{t+1} \leftarrow \theta_t + \alpha \cdot \frac{1}{n} \sum_{i=1}^n R(s; p) \nabla_{\theta} \log p_{\theta}(s_i)
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$$

This is a simplified version

The currently (as of 2023) most popular approach uses a different approach called Proximal Policy Optimization (PPO), which is designed to be conservative in its updates and makes training more stable.

Policy gradient

We want max $_{\theta}^{\mathop{\rm lax}\nolimits} \mathbb{E}_{s\sim p_\theta}[R(s;p_\theta$

Gradient ascent with *n* samples from p_A :

$$
\theta_{t+1} \leftarrow \theta_t + \alpha \cdot \frac{1}{n} \sum_{i=1}^n R(s; p) \nabla_{\theta} \log p_{\theta}(s_i)
$$

Note that we have no restriction on the reward $R(s; p)$. It could be nondifferentiable, provided by the environment somehow, or provided by humans.

Learning to incorporate human preferences

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How do we get the reward function $R(s; p)$?

Using human feedback directly could be expensive!

Instead, we can use a model to mimic their preferences [Knox and Stone, 2009]

Annotators score outputs, and we build a reward model that mimics the annotators

SAN FRANCISCO, California (CNN) -- A magnitude 4.2 earthquake shook the San Francisco ... overturn unstable objects.

An earthquake hit San Francisco. There was minor property damage, but no injuries.

The Bay Area has good weather but is prone to earthquakes and wildfires.

 S_1

 S_2

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 S_1

 $\rightarrow 0.8$

 S_2

Challenge: human judgments on different instances and by different people can be noisy and miscalibrated!

Annotators compare pairs of responses [Phelps et al. 2015; Clark et al. 2018]

An earthquake hit San Francisco. There was minor property damage, but no injuries.

A 4.2 magnitude earthquake hit San > earthquake nit ban
> Francisco, resulting > in massive damage. \odot \cdots \cdots magnitude

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$$
J(\phi) = -\mathbb{E}_{(s^+,s^-)}[\log \sigma(R(s^+; p) - R(s^-; p))]
$$

"winning" "losing"
sample sample

Bradley-Terry [1952] paired comparison model

Pairwise comparisons can be more reliable

Scaling Reward Models

Large enough R trained on large enough data approaches single human performance

Stiennon et al 2020. Learning to summarize from human feedback

Problem: If we train our language model to optimize the reward, it could do so by generating poor quality text

- The reward model $R(s; p)$ is trained on natural language inputs and might fail to assign low scores to unnatural s
- The policy gradient optimizer seeks to maximize its reward

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Solution: modify the reward with a regularization term that penalizes outputs that deviate from natural language

$$
\hat{R}(s; p) := R(s; p) - \beta \log \left(\frac{p^{RL}(s)}{p^{PT}(s)} \right)
$$

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Probability assigned to the output by a frozen pretrained model (presumably good enough to be fluent)

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\hat{R}(s; p) := R(s; p) - \beta \log \left(\frac{p^{RL}(s)}{p^{PT}(s)} \right)
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If the RL model assigns a high probability to something that the pretrained model does not, this term reduces the reward

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RLHF: Putting it All Together

[Christiano et al. 2017; Stiennon et al. 2020]

- 1. Select a pre-trained generative model as your base: $p^{PT}(s)$
- 2. Build a reward model $R(s; p)$ that produces scalar rewards for outputs, trained on a dataset of human comparisons
- 3. Regularize the reward function:

$$
\widehat{R}(s; p) \coloneqq R(s; p) - \beta \log \left(\frac{p^{RL}(s)}{p^{PT}(s)} \right)
$$

4. Fine-tune this generative model $p_{\theta}^{RL}(s)$ to produce responses that maximize our reward model $R(s; p)$

$$
\theta_{t+1} \leftarrow \theta_t + \alpha \frac{1}{n} \sum_{i=1}^n \hat{R}(s; p) \nabla_{\theta_t} \log p_{\theta_t}^{RL}(s)
$$

RLHF: Putting it All Together

[Christiano et al. 2017; Stiennon et al. 2020]

[Fig credit: Nate Lambert]

Pretraining + RLHF Gains over Pretraining + Finetuning

[Stiennon et al. 2020]
Reward models as safety control and more

The reward model can be used to induce any desired behavior as needed:

- Avoiding bias
- Avoiding responses outside its scope
- Avoiding toxicity
- Produce long form responses
- Write haiku
- …

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GPT3.5 (InstructGPT)

Step1

Collect demonstration data. and train a supervised policy.

30k tasks!

Step 2

outputs are

best to worst.

to train our

sampled.

Collect comparison data, and train a reward model.

Step 3

Optimize a policy against the reward model using reinforcement learning.

A new prompt is sampled from the dataset.

The policy generates an output. Write a story about frogs

The reward model calculates a reward for the output.

The reward is used to update the policy using PPO.

Once upon a time... r_{k}

[Ouyang et al., 2022]

GPT3.5 (InstructGPT)

PROMPT Explain the moon landing to a 6 year old in a few sentences.

COMPLETION GPT-3

Explain the theory of gravity to a 6 year old.

Explain the theory of relativity to a 6 year old in a few sentences.

Explain the big bang theory to a 6 year old.

Explain evolution to a 6 year old.

InstructGPT

People went to the moon, and they took pictures of what they saw, and sent them back to the earth so we could all see them.

Write a short poem about a wise frog. PROMPT

COMPLETION GPT-3

Write a short story in which a character has two different names.

Write a short story in which you try to get something back that you have lost.

Write a short story in which a character has a bad dream.

InstructGPT

The frog is a symbol of wisdom He knows all the secrets of the world He is a master of disguise And a great teacher of life He is a symbol of transformation And the bringer of change He is the frog who has seen it all And knows the meaning of it all

Today's LLMs (including the GPT family)

Large number of parameters parameters + pre-training offers:

- Fluent generation
- store a large amount of knowledge

RLHF adds preferences for

- Generating neutral or safe responses
- Avoid topics outside its knowledge scope

RLHF may decrease the model's in-context ability (alignment tax), but improve zero-shot ability

Summary

RLHF:

- Motivation: supervised fine-tuning unlikely to work for creative generation where there is no one ground truth.
- Uses 2 models: one for modeling human preferences and another one for generation
- Reward model is trained via ranking ratings from human annotators

RLHF is still a very underexplored and fast-moving area

Limitations:

– RL can be tricky to get right

New models keep getting announced every month. Some of these are closed (the GPT family, Claude, BARD), and some are downloadable (LLaMa, TÜLU…)

– Training a good reward might require a lot of annotations